

Learn the foundations of astrology and how to analyze or synthesize charts. In this course, you'll learn natal chart basics, including a basic history of astrology, basic astronomy, planets, signs, houses, rulers or dispositors, and aspects. I teach from an evolutionary astrology perspective, and we'll explore everything from an exterior and interior view. We'll look beyond what's happening to why it might be happening and then to how we can work with that energy to change and grow. Astrology helps you give yourself the freedom to be yourself. And if you can do that for yourself, you can do that for others.

- The Astrology Essentials Course takes about one year to complete, with 43 classes (we take some breaks).
- Signup and pay by module (this course is broken into seven modules or parts, and most modules include six classes). Separate info with more details for each module, including price and dates, will be available before each module begins (I leave some room for flexibility between parts/modules).
- 2024 Astrology Essentials Course begins on Tuesday, January 23. Weekly classes for "Astro Essentials 1: Where it All Begins" will be Tuesdays from 4-6 PM Pacific Time.
- Classes are live and recorded, so you don't have to be present.
- Once we get past the basics, we work with each other's charts, and there is homework and active participation.
- This course is about self-discovery, and you'll learn a lot about yourself.
- I believe questions are more important than answers, so different ideas and perspectives are encouraged!
- These classes aren't just "cookbook" astrology we dig deep into the archetypes so you can blend, synthesize, and analyze for yourself.



## Astro Essentials 1: Where it All Begins — The Basics

**Includes:** Basic history of astrology and astronomy, hemispheres, quadrants, qualities, modalities/modes, elements, basic archetypes (10 planets, 12 signs, 12 houses) **Classes:** Eight (8) 2-hour classes

## Astro Essentials 2: Planets in Signs

I**ncludes:** Planets in the signs (Sun, Moon, Mercury, Venus, Mars, Jupiter, Saturn, Uranus, Neptune, and Pluto through all 12 signs) **Classes:** Six (6) 2-hour classes

## Astro Essentials 3: Planets in Signs in Houses

I**ncludes:** Planets in the signs and houses (Sun, Moon, Mercury, Venus, Mars, Jupiter, Saturn, Uranus, Neptune, and Pluto in signs through all 12 houses) **Classes:** Six (6) 2-hour classes

## Astro Essentials 4: Planetary Dispositors/Rulers/Guardians

**Includes:** Add dispositors (the planet that rules the sign another planet is in) in synthesis to flesh out more of the story. Dispositors show how the energy is used, administered, or distributed.

Classes: Six (6) 2-hour classes

#### Astro Essentials 5: Houses by Sign & House Rulers

**Includes:** Sign on each house cusp and its dispositor/ruler. How we approach that area of life — all 12 of them, from self to family to relationships to career and all the rest. Includes the overall chart ruler.

Classes: Six (6) 2-hour classes

#### Astro Essentials 6: Basic Aspects

**Includes:** Understanding aspects around the natural zodiac, including signs in natural aspect relationships (like Aries naturally squares Cancer). Emphasis on the main/most common aspects: conjunction, sextile, square, trine, quincunx, and opposition. **Classes:** Five (5) 2-hour classes

## Astro Essentials 7: Putting it All Together — Chart Analysis/Synthesis

**Includes:** Tips for analyzing natal charts, examples analyzing charts, and lots of practice analyzing charts.

Classes: Six (6) 2-hour classes

# **About** Tara



Hi (: I'm Tara, and I love astrology.

Astrology is one of the best ways I've found to understand myself, others, and life better. It's helped me so much that I decided to make sharing it my full-time work.

At the roots, I'm an evolutionary astrologer, but I work with and integrate different types of astrology. I'm a writer, educator, artist, and tarot reader. I co-authored "Astrology by Moonlight" and "Natural Astrology." My practice began in 2011, and I offer client consultations, teach, and speak (including NORWAC, UAC, Kepler College, and ISAR). I'm passionate about experiential astrology, including the practice called Living Planets 1st. I'm also committed to authenticity — I want to be me, and I want you to be you.

I currently serve on the International Society for Astrological Research (ISAR) Board as Vice President.

Connect with me and find testimonials and more info at www.TaraAal.com